

Avon 2025 Summer Camp 08/10 - 08/17 Schedule

Day 1: Sunday 8/10

1:00 - 2:00PM: Check in at the Diogenes Circle (setting up rooms)

2:30: Orientation

3:00-5:00: Afternoon training session

5:30-6:15: Dinner

7:00-9:00: Evening activity

10:00: Curfew

11:00: Lights out

Monday through Saturday

7:30AM: Wake Up

8:10-8:30: Breakfast

9:30-11:45: Morning training session

12:10-12:45: Lunch

2:30-3:15 PM: Seminars and video analysis

3:15-5:30: Afternoon training session

5:30-6:15: Dinner

7:00-9:00: Evening activity

10:00: Curfew

11:00: Lights out

Last Day, Sunday 8/17

7:30AM: Wake Up

8:00-8:30: Breakfast

9:00 - 11:30: Camp tournament

11:45-12:30: Lunch

12:30 - 1:30: Pick up at the Diogenes Circle (cleaning out the rooms)